



PERFORMANCE GUIDE

HAPPY, SAD, SAD, HAPPY

BY ANNIE CUSICK WOOD & THE HTY ENSEMBLE



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ALOHA FROM ARTISTIC DIRECTOR, ERIC JOHNSON

Aloha and welcome to the work of Honolulu Theatre for Youth! We are delighted to share these resources with you. We believe wholeheartedly in the power of stories to bring us together across time and distance. When that happens we often find great similarities with our fellow humans that strengthen our sense of belonging, heritage and shared purpose. We also find profound differences which should be equally celebrated. Differences stretch our sense of self and tickle our curiosity for what is possible. Coming from a place that is both geographically remote and culturally diverse, we treasure stories in our community and are deeply honored to share this one with you now. If you would like more information on the company or our work, look us up at htyweb.org.





OUR PARTNERS

We have been fortunate to work with wonderful partners and funders on the creation of this project.

Hawaii State Department of Health, Chronic Disease Prevention and Health Promotion Division
Zilber Family Foundation
Paul and Susan King

PRODUCTION CREDITS

Created by Annie Cusick Wood and The HTY Ensemble

Directed by Annie Cusick Wood

Devised by

Annie Cusick Wood (lead)
Karen Kiefer
Serina Dunham
Hermegildo Tesoro, Jr.
Jarren Amian

Set, Costumes, and Prop

Design by
Karen Kiefer

Music by

Daniel Krass

Performed by

Serina Dunham
Hermenegildo Tesoro Jr.
Jarren Amian

Additional Costume Construction

Emily Wright
Iris Kim

Technical Direction

Eric West



SHOW SYNOPSIS

This sensitive and uplifting play sparks curiosity about the many moods we go through and those feelings that can stick around a little longer than we expect.

The play centers around two characters who are the Guardians of the Happy Factory. They have just one job - to keep everything as happy as they can. So when there is an unexpected glitch in the system, the curious guardians set off to investigate. As the adventure unfolds, they come face to face with happiness, sadness and all the emotions in between. They learn that embracing a vast array of emotions can play a valuable role in life's dynamic journey.

FROM CREATOR/DIRECTOR, ANNIE CUSICK WOOD

The idea for the show came to me during the COVID pandemic when we all experienced a wide range of intense feelings and emotions. I wanted to explore this and take the audience on a journey to meet those emotions and acknowledge them. It is okay to cry, feel worried or angry, as well as happy. If we listen to ourselves, we can process those emotions and view a situation with better emotional clarity.

PRE-SHOW EXPLORATION

This performance is all about emotions.

Here are some prompts to engage students before (or after) watching the performance.

- 1** **What is an emotion?**
Can you share a few examples of emotions?
- 2** **Use your face to show an emotion.**
How would you show these emotions using your facial expressions:
Happy, Sad, Angry, Excited, Frustrated, Scared, Surprised?
- 3** **Guess the emotion.**
If someone is smiling, what is the emotion that they may be feeling?
What if they are frowning? Use your face to show an emotion and
have a partner try to guess what emotion you are feeling.
- 4** **Share an idea.**
Being scared is something that everyone feels at some point.
What helps you when you are scared? Share your thoughts.
- 5** **Discuss.**
Do emotions last forever?
How do emotions change over time?
What might make an emotion change?
- 6** **BROWSE HTYS ONLINE LIBRARY OF SOCIAL-EMOTIONAL
LEARNING DRAMA ACTIVITIES FOR MORE EXPLORATION
BEFORE OR AFTER THE SHOW.**

**[CLICK HERE: SOCIAL-EMOTIONAL ONLINE DRAMA ACTIVITY
LIBRARY](#)**

REFLECT AND DISCUSS

Take a few minutes to reflect on the performance.

- **WHAT ARE SOME EMOTIONS THAT THE CHARACTERS FELT DURING THE PLAY?**
- **WHAT ARE SOME EMOTIONS THAT YOU FELT AS AN AUDIENCE MEMBER?**
- **WHO DID THE CHARACTERS MEET ON THEIR JOURNEY?**
- **WHAT DIFFERENT THINGS DID THE YARN AND BIG COATS BECOME?**
- **WHICH BOX WOULD YOU MOST LIKE TO OPEN? WHY?**



Share your thoughts through discussion or by writing them down.



LANGUAGE

We made up a new language for our play. We looked at how those words sounded in different languages, then invented new ones that we felt sounded like the feeling we wanted to create.

| Our Words | Definition/ Meaning |
|------------------|----------------------------|
| Majami | Happy |
| Eegra | Angry |
| Hammo | Worried |
| Nyah | No |
| Frrooa | Cold |
| Boosha | There |
| Booshalee | Stay there |
| Soora | Sad |
| Lusha | Love |
| Cheeri | Bye |



Can you make up new words that sound like Angry, Sad, Happy, Worried, Love, Cold?

Work with a partner or group to devise new words that express the meaning of the designated emotion.

Share your new words with the class.

PICTURE AN EMOTION

There are many ways to express emotions-- through facial expressions, body language, words, music, even pictures. Close your eyes and imagine what a feeling might look like. What colors come to mind when you think of sadness? Happiness? Are there any images that appear when you think of being happy?

Draw a picture that expresses an emotion.

SUPPLIES

- paper
- crayons
- pens
- paints

SUGGESTED EMOTIONS

- Happiness
- Sadness
- Fear
- Anger
- Joy
- Disgust
- Excitement
- Loneliness
- Love
- Surprise



PROMPTS

Are there colors that express the emotion you are drawing?
What images come to mind when you think of that emotion?
What shapes come to mind when you think of that emotions?

If time: If they are comfortable doing so, allow students to share their drawings with the group or with a partner.



ABOUT HTY

Honolulu Theatre for Youth (HTY) is a theatre of place, deeply rooted in the cultures and people of the Pacific and dedicated to serving young people, families and educators across the Hawaiian Islands. Founded in 1955, HTY is one of the oldest professional TYA companies in the country and is recognized for its long history of innovative drama education programming and the creation of original theatrical works that celebrate the diverse cultures of Hawai'i.

OUR COMPANY

Becky Dunning
Managing Director

Stu Hirayama
School Reservations

Brad DeCaires
Box Office

Fay Ann Chun
Grants Manager

Jian Gu
Accounting

Eric Johnson
Artistic Director

Reiko Ho
Artistic Associate/Marketing

Moses Goods
Artistic Associate/Actor

Annie Cusick Wood
Artistic Associate

Artistic Team
Jarren Amian
Chesley Cannon
Sarah Danvers
Serina Dunham
Iris Kim
Lokomaika'i Lipscomb
Pō'ai Lincoln
Mattea Mazzella
Hermenegildo Tesoro Jr.
Eric West
Emily Wright

Daniel A. Kelin, II
Director of Drama Education

Lily Crumpton
Asst. Director of Drama Education

Tamara Smith
Drama Ed. Administrator

Clara Whippy
Teaching Artist

Jonathan Sybert
Teaching Artist

Elizabeth Gannaway
Teaching Artist