



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

BRADDAH BUZZ AT SCHOOL

DESCRIPTION: A young man named Braddah Buzz struggles with focus at school. Students will be asked to identify his problem and write a letter to offer him advice as to how he might get better at managing his focus.

GRADE LEVEL FOCUS: 4-6

SEL FOCUS: Self-Discipline (Self-Management)

NHES.1.5.1 Describe the relationship between healthy behaviors and personal health.

NHES.1.8.2 Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.

ACTIVITY: Letter writing – advice to the character

TO PREPARE:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Students will need paper and a writing utensil or a computer in order to write a letter to Braddah Buzz.



Four-minute activity