



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

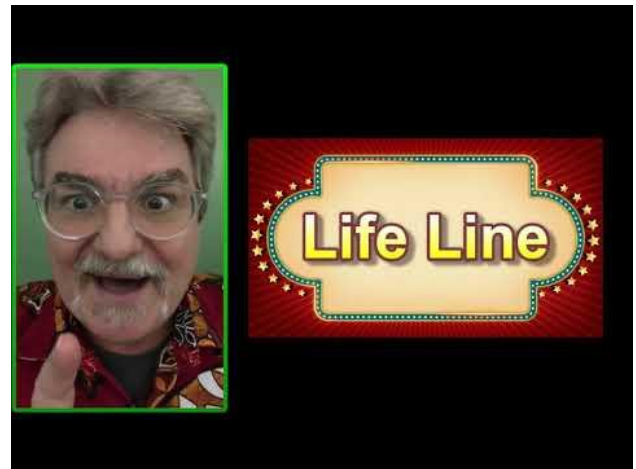
LIFE LINE

DESCRIPTION: Who can you turn to for help? In this video, four different characters struggle with problems. After each one is presented, student pairs discuss who the character could ask for help with the problem.

GRADE LEVEL FOCUS: Grades 3-6

SEL FOCUS: NHES Standard 4: Interpersonal Communication -- NHES.4.5.4 Demonstrate how to ask for assistance to enhance personal health
NHES Standard 5: Decision-Making – NHES 5.5.2 Analyze when assistance is needed in making a health-related decision.

ACTIVITY: After each short scene, student pairs discuss who could be most helpful.



Six-minute activity

TO PREPARE, please:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Create student discussion pairs
- Pause the video after each character speech. (And feel free to use all or only some of them.)