



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

HELPFUL OR HURTFUL

DESCRIPTION: Three students who are supposed to be friends face the challenge of how to communicate in respectful and supportive ways. How do their words and attitude matter?

AGE LEVEL FOCUS: 2-4

SEL FOCUS: Communicating Effectively (Relationship Skills)

ACTIVITY: Writing

TO PREPARE:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be encouraged to think carefully about the way the characters in the story are communicating with each other. How are they being helpful or hurtful?
- Also let students they will be asked to rewrite what the characters said to create a more helpful conversation.
- Feel free to pause the video and repeat any segments.



Three and a half minute activity