



## How do Words Make You Feel?

Help students explore how words can make them feel many different ways. With this activity, students can either stand in one place, or move about the room. Your choice.

First, guide students to move as each word suggests. You may need to define some of the words for your students, but try to avoid describing the feeling that might accompany the word. Add any additional words you wish. Second, after each word, ask students to sit and describe how that word made them feel.

How does your body move when you...

Prowl	Scurry	Amble
March	Melt	Drag
Explode	Chase	Swim
Waddle	Stamp	Yawn
Tremble	Walk slow	Big Steps
	Fast/Tiny steps	

