



## Which Word is You?

Guide students to pick a word that fits them today.

First, ask students to help you fill in the blanks. Add to or change anything on the list.

As \_\_\_\_\_ as a Tiger

As \_\_\_\_\_ as a Elephant

As \_\_\_\_\_ as the Sun

As \_\_\_\_\_ as the Ocean

As \_\_\_\_\_ as a Tree

As \_\_\_\_\_ as a Snake

As \_\_\_\_\_ as a Kitty-cat

Second, guide students to walk about the room. As they walk, ask them to walk like each of the descriptive words (NOT the animal or object). "Walk as if you are feeling 'fierce.'" "Walk as if you were really, really 'tall.'"

Finally, guide students to choose the one word that best describes them today. Take one last walk and then sit and share which word each chose.



**As grumpy as a Bear**